



First days present a fresh start. You can let your past define you, or you can define your future. This activity requires you to be honest, reflective, and optimistic.

Step 2: Review all of the words in your list. Circle ONE that you want to make your "One Word."

Step 3: On the paper provided, use a pencil to sketch/design your word. Then choose different mediums, colors, images, and shapes to turn your word into art.

Step 1: Brainstorm as many adjectives as you can that would describe you. List them here.

Step 4: Write a paragraph here explaining why you chose your "One Word" as well as what meaning it will hold for you this semester. Use the back side of this paper if you need more room. (Does it describe you? How will you use it to guide you? What steps will you follow?)